

# 1<sup>st</sup> Annual

## DIABETES FAMILY WEEKEND CAMP

*Sponsored by Camp Hickory Hill for Diabetic Children*

For families of children and teens (ages 17 and under) with type 1 diabetes. The Diabetes Family Weekend Camp has a fun, active, educational, and affordable weekend camp located in a peaceful country atmosphere.

WHERE: Camp Hickory Hill for Diabetic Children Columbia, MO

WHEN: September 11-13, 2009

COST: \$75.00 per person (children under 3 free)

The Camp includes individual family cabins, separate (men/women) bathhouses, a dining hall, kitchen (meals included), infirmary, meeting room, swimming pool, laundry facilities, arts and crafts building, sports field, challenge course and basketball/volleyball courts.

Diabetes education will be offered throughout the weekend for children, teens and their parents by doctors, nurses, certified diabetes educators and nutritionists. Campers will learn how to recognize and treat low blood sugar; count carbohydrates; adjust insulin when participating in active lifestyles. Most importantly, our campers gain the knowledge they are not alone with their diabetes.

Limited scholarships are available. Deadline for scholarships is August 31, 2009. If you would like an application, please contact Camp Hickory Hill for Diabetic Children at [camphickoryhill.com](http://camphickoryhill.com) or 573-449-8551.

**REGISTRATION DEADLINE SEPTEMBER 5, 2009**